<b>Item No.</b> 6.	Classification: Open	Date: 2 November 2015	Meeting Name: Corporate Parenting Committee
Report title:		Update on Looked After Children (LAC) Audit by Public Health	
Ward(s) or groups affected:		Looked after Children	
From:		Consultant in Public Health	

#### RECOMMENDATION

1. That the committee note the progress to date and the challenges caused by lack of staff capacity.

#### **BACKGROUND INFORMATION**

 At the corporate parenting committee in July 2015 public health were requested to provide guidance on auditing the provision of health services for looked after children (LAC).

#### **KEY ISSUES FOR CONSIDERATION**

Progress thus far:

- 3. A review of the guidance and literature relating to looked after children has been carried out.
- 4. A list of proposed standards has been compiled from statutory guidance and best practice and arranged into an audit form. Standards have been developed from guidance that is specific to LAC such as from NICE/SCIE as well as guidance which covers a given topic area e.g. substance misuse, sexual or mental health for which the needs of LAC are considerable (see Appendix 1 for list of documents reviewed).
- 5. The standards proposed in this audit are broad and range from strategic leadership to collaborative working to the experience of LAC and care leavers. Each standard included will involve seeking a response from commissioners and other stakeholders about the current Southwark arrangement, any gaps and mitigating action.
- 6. There are many possible standards from these various sources and some may be similar / duplicate so editing has been necessary in compiling the overall list to make it manageable given the limited staff resources available for detailed and time-consuming work.
- 7. Meetings have been held with partners (e.g. CCG), and members for the steering group have been identified. This group will meet, planned for 21 October, to approve the final audit questions, proposed data collection methods

and leads.

### **Equality analysis**

8. The purpose of the audit is to ensure best standards of care for looked after children and to help reduce the gap in outcomes and achievements between this vulnerable group and the general child population.

# **Resource implications**

9. Staff – the strategy and commissioning division were initially working with public health to support the audit process, but due to competing priorities had to step back from involvement in August. Public health are also facing staffing challenges with the staff member who has compiled the recommendations leaving on 22 October and a more junior staff member who would have been able to carry out the audit having left in August. Staff capacity needs to be identified in order to deliver this important piece of work.

### **Community impact statement**

10. The care population is diverse in terms of age, gender and ethnicity. They are also a vulnerable group within Southwark with a greater need for protection to counterbalance the disadvantages they might face. By auditing the commissioning of health services for looked after children we will be able to ensure that the best arrangements are in place to support this group and to identify areas where improvements might need to be made.

### **BACKGROUND DOCUMENTS**

Background Papers	Held At	Contact
None		

#### **APPENDICES**

No.	Title
Appendix 1	List of guidance and recommendations reviewed to develop audit questions
Appendix 2	Broader set of guidance relating to topics relevant to LAC
Appendix 3	Steering Group members

# **AUDIT TRAIL**

Lead Officer	Abdu Mohiddin, Consultant in Public Health						
Report Author	Abdu Mohiddin, Consultant in Public Health						
Version	Final						
Dated	20 October 2015						
Key Decision?	No						
CONSULTATION WITH OTHER OFFICERS / DIRECTORATES / CABINET							
MEMBER							
Officer Title		Comments Sought	Comments Included				
Director of Law and Democracy		No	No				
Strategic Director of Finance		No	No				
and Governance							
<b>Cabinet Member</b>		No	/No				
Date final report sent to Constitutional Team			20 October 2015				

# **APPENDIX 1**

# List of guidance and recommendations reviewed to develop audit questions

- 1. <u>Promoting the Health and Wellbeing of Looked After Children and Young People</u> (2015) DfE and DH.
- 2. Looked After Children and Young People NICE public health guidance 28 (2010, refreshed May 2015).
  - a. 52 recommendations across 17 key areas
- 3. Quality Standard for the Health and Wellbeing of Looked After Children and Young People NICE QS31 (2013) .
  - a. 54 questions re structure, process and outcomes across 8 key areas

#### **APPENDIX 2**

### Further guidance which could be reviewed if sufficient capacity

1. Additional NICE and SCIE guidance on mental, sexual, physical health and substance misuse relevant to LAC and young people:

Schizophrenia NICE guideline CG17882 (2014).

Eating disorders NICE guideline CG9 (2004).

Attention deficit hyperactivity disorder NICE guideline CG72 (2008).

Anti-social behaviour and conduct disorders in children and young people: recognition,

intervention and management NICE guideline CG158 (2013)

Service user experience in adult mental health NICE guideline CG136 (2011).

Autism diagnosis in children and young people NICE guideline CG128 (2011).

Borderline personality disorder NICE guideline CG78 (2009).

Antisocial personality disorder NICE guideline CG77 (2009). (Includes recommendations about multisyst emic therapy, multidimensional treatment foster care and family therapy and may be of relevance to some looked-after children and young people.)

Social and emotional wellbeing in secondary education NICE guideline PH20 (2009).

Self-harm NICE guideline CG16 (2004).

Social and emotional wellbeing in primary education NICE guideline PH12 (2008).

Depression in children and young people NICE guideline CG28 (2005).

Obsessive—compulsive disorder and body dysmorphic disorder NICE guideline CG31 (2005).

Contraceptive services for socially disadvantaged young people NICE guideline PH29 (2010).

<u>Prevention of sexually transmitted infections and under 18 conceptions</u> NICE guideline PH3 (2007).

Alcohol-use disorders – preventing harmful drinking NICE guideline PH24 (2010).

School-based interventions on alcohol - NICE PH7

<u>Interventions to reduce substance misuse among vulnerable young people</u> NICE guideline PH4 (2007).

Drug misuse: psychosocial interventions NICE guideline CG51 (2007).

Drug misuse: opioid detoxification NICE guideline CG52 (2007).

Reducing differences in the uptake of immunisations NICE guideline PH21 (2009).

Obesity NICE guideline CG43 (2006).

When to suspect child maltreatment NICE guideline CG89 (2009).

Behaviour change: the principles for effective interventions NICE guideline PH6 (2007).

Violence NICE guideline CG25 (2005).

# **APPENDIX 3**

# LAC audit steering group members

### **Southwark CCG**

Clarisser Cupid – Safeguarding Nurse Kate Moriarty-Baker -

# **Southwark Local Authority**

Jane Scott – Head of Care, Children's and Adults' Services\*
Jane Senior - Market Development Manager, Children's and Adults' Services
Celia Parker – Principal Social Worker, Children's and Adults' Services\*
Abdu Mohiddin – Consultant in Public Health
Vicki Spencer-Hughes – acting Consultant in Public Health

#### **GSTT**

Ajay Sharma\*
Beatrice Cooper – Designated Doctor
Barbara Hills –
Angela Brown – Designated Nurse

<sup>\*=</sup> confirmed